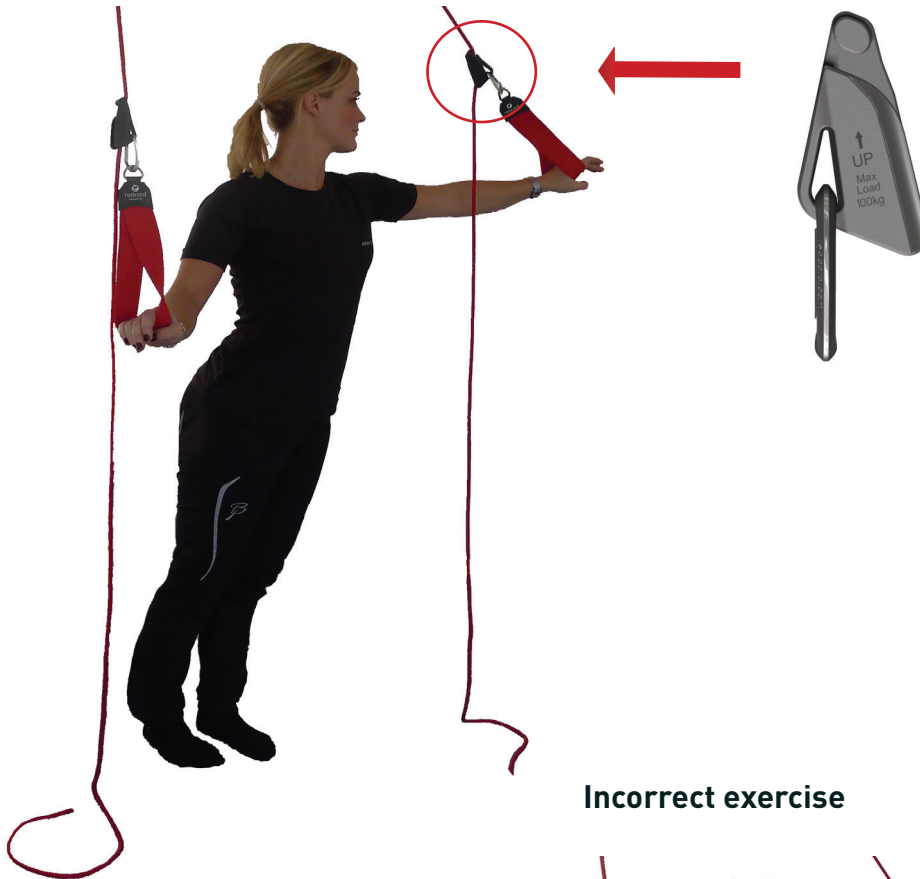


# Warning

Do not step on the rope during exercise with Redcord AXIS, the rope can slide out of the locking mechanism/cleat and the user can fall to the ground.

## Correct exercise



## Incorrect exercise

